

Attention Parents

- Do your children's behaviors not make sense?
- Do you feel like you're losing it?

**Don't despair. You aren't crazy....
And neither is your child.**

*Come and learn
What's going on in your child's brain and
How you can be the parent you want to be.*

**You are not alone.
Get the support you need.**

- Come to a safe place where others will understand what you're going through.
- Learn effective ways that really work to parent your children using the Beyond Consequences model.

The group will be lead by Kathy Porter, M.S., LP who is a Certified Beyond Consequences Instructor and works as a therapist at Bluestem Center for Child and Family Development.

When: Mondays–January 24th through March 14th

Time: 6:30 – 8:00 p.m.

Cost: Eligible for insurance coverage

Register: Call 282-1009 for more information